

Pixie Lillas

Spring Retreat

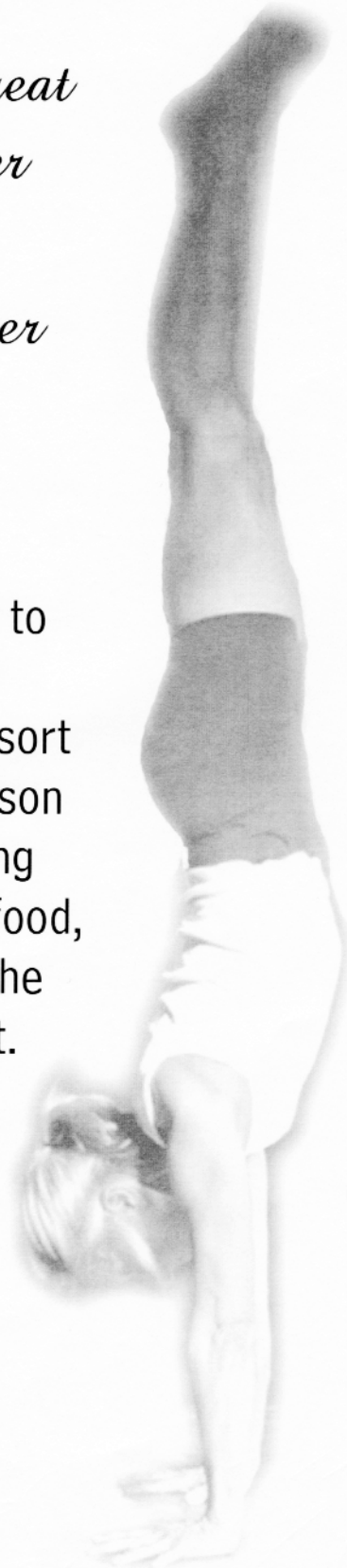
7th October

to

14th October

2011

You are invited to
the beautiful
Kimi Ora Spa Resort
in Kiteriteri, Nelson
a garden setting
offering organic food,
looking out to the
Tasman Coast.



We are honoured to invite you to retreat with 'Pixie Lillas', a senior teacher based in Sydney, Australia where she has run her Yoga Studio for 26 years.

Pixie has trained at the institute in Pune with Guruji B.K.S Iyengar and Dr Geeta S. Iyengar on a yearly basis for the last 21 years.

The retreat will be set at the level for certified teachers and trainees, they will get 1st preference, if space permits for experienced students with a referral from their teacher.

The Retreat Schedule:

Friday 7th	4.00 - 6.00pm	Restorative class
Sat 8th	6.00 - 6.45am	Pranayama
to	8.45 - 11.00am	Asana class
Fri 14th	4.00 - 6.00pm	Inversions class
finishes after lunch Friday		

The costs for retreat, accommodation, food and tuition

\$1,525 share with 5-7 people (chalet)

\$1,625 share between 2 people (studio)

Please register by 10th March with \$300 deposit to hold your place. Full payment required by 20th August.

Truly a
'retreat space'
to work
deeply inwards.

Please phone:
Louisa Potter
or write:

mob 0274 981 018
300 McAlister Rd
Mangapai, RD 8
Whangarei 0178

or email

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