

Pixie Lillas

Spring Retreat
Fri 28th September
to
Fri 5th October
2012

You are invited to
the beautiful
Kimi Ora Spa Resort
in Kaiteriteri, Nelson
a garden setting
offering organic food,
looking out to the
Tasman Coast.



We are honoured to invite you to retreat with 'Pixie Lillas', a senior teacher based in Sydney, Australia where she has run her Yoga Studio for 27 years.

Pixie has trained at the institute in Pune with Guruji B.K.S Iyengar and Dr Geeta S. Iyengar on a yearly basis for the last 22 years.

The retreat will be set at the level for certified teachers and trainees, they will get 1st preference, if space permits for experienced students with a referral from their teacher.

The Retreat Schedule:

Friday 7th	4.00 - 6.00pm	Restorative class
Sat 8th	6.00 - 6.45am	Pranayama
to	8.45 - 11.00am	Asana class
Fri 14th	4.00 - 6.00pm	Inversions class
		finishes after lunch Friday

The costs for retreat, accommodation, food and tuition

\$1,697 share (studio)
\$2,152 own room (studio)

Please register by 10th March with \$300 deposit to hold your place, non refundable.
Full payment required by 20th August.

Please make payments: by cheque made out to Kerikeri Yoga Centre/Retreat
Or direct debit to account: 12 3165 0093026 04
account name Kerikeri Yoga/Centre Retreats.

South Island

Truly a
'retreat space'
to work
deeply inwards.

Please phone:

Louisa Potter

mob 0274 981 018

ph 09 407 4469

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Kerikeri 0295.

or email

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