

LUNCHTIME YOGA CLASSES - 12pm



8 classes- \$105 or less

Come join Annette for a 1 hour class, midday Mon, Wed and Fridays. Classes are taught at a basic level.

*Beginners welcome | No booking required (Turn up 11.50am)
Small classes | Personal attention*

Midday 8 CLASS CARD

One class a week	\$105.00
Two classes a week	\$95.00
Three classes a week	\$85.00

Annette Springer

Annette has been practising for 8 years and has completed teacher training with Matthew and brings a wonderful sense of humour to her classes.

Phone 846 7600
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Hamilton
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