

iyengar

yoga

centre hamilton



Xmas Break

LAST CLASS 2020

7.00pm, Thu 17 Dec

EXPIRY DATES are extended
to allow for Xmas break

FIRST CLASS 2021

Back into full summer timetable

12.00pm, Mon 11 Jan

BEGINNERS COURSES 2021

7.00pm, Wednesdays

20 January
17 February
5 May
4 August
1 September